

Balance Disc Inflation, Warnings, Care & Warranty

Inflation

Open the small cap located at the end of the pump handle. Remove the inflation needle. Screw the needle into the end of the pump. Moisten the needle before inserting it into the disc air valve. The valve is a small hole located near the perimeter of the knob side of the disc. Carefully insert the needle at a slight angle into the valve with a slight twisting motion. Inflate to the desired level. Maximum recommended inflation height is 5 inches. *Do not over inflate.*

Warning

This inflatable disc is used for seating, balance training, chiropractic care, physical therapy and general exercise. Always consult your health care professional before beginning any exercise program and performing exercises related to your specific uses of this disc. Unfit & untrained persons and those with poor balance should never use this product as a balance training device unless approved and supervised by your health care professional. Stop exercising immediately if you ever experience head or chest pain, nausea, dizziness, shortness of breath, or similar symptoms.

ALWAYS inspect the disc for any damage or defects before each use.
ALWAYS select an exercise space free of objects that may cause injury.
DO NOT use the disc if it is defective. Replace it immediately.
DO NOT attempt to repair this disc. Discard it immediately.
DO NOT use this disc outdoors. For indoor use only.
CHOKING HAZARD: The inflation needle is a small part considered a choking hazard. Keep away from children.
MAXIMUM USER WEIGHT RATING: 300 lbs

Care

Wash with warm water and a very mild household detergent. Never use harsh chemicals on this product.

Limited Warranty

Nefitco, Inc. warrants to the original purchaser that this product shall be free of manufacturing defects for a period of ninety (90) days from the invoice date. If this product should ever show any signs of manufacturing defects (not including wear and tear) during the warranty period then please contact Customer Assistance for a replacement.

Customer Assistance

Email: customersupport@nefitco.com
Phone: 800-452-0980 or 802-257-1988
Website: www.nefitco.com

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